

# ACTIVITIES

CULINARY, SPORTY, CREATIVE & SUSTAINABLE

Parc Broekhuizen  
CULINAIR LANDGOED

*The Taste of Modern Heritage*



## CULINARY ESTATE PARC BROEKHUIZEN

Nestled in the serene surroundings of the 'Utrechtse Heuvelrug', our culinary estate offers a peaceful retreat from daily life. Its unique blend of historical charm, contemporary luxury, and culinary excellence makes for the perfect setting to celebrate life's most precious moments. We believe in the magic of true hospitality. Whether you are visiting us for an overnight stay, dinner, or a special event, we hope to make you feel at home.



## ACTIVITIES

Would you like to expand your event or stay with an activity? We are pleased to think along and offer a wide range of (group) activities. We have the perfect activity for every event. For example:

- During your meeting day
- With colleagues or team members
- With board members
- With your family
- With your friends

For example, are you in need of some fresh air during your meeting? Or do you want to organize a team-building activity for your employees? With our historic Main House and the beautiful nature surrounding Parc Broekhuizen, we have plenty of possibilities, which we are happy to share with you.

## GREEN ACTIVITIES

We are proud to have received the Green Globe Certificate. This means that we highly value sustainability at Culinary Estate Parc Broekhuizen. In our restaurants, the boutique hotel and during our events. Also, when organizing activities, we are keeping sustainability in mind. We want to offer as many green activities as possible, using the beautiful nature surrounding Parc Broekhuizen.





## NUDGE CYCLING

People come from far to mountain bike on the Utrechtse Heuvelrug. And for a very good reason! Not only can you find the most beautiful routes here, but the hills also provide some challenging moments. During the clinic in the woods it is not all about having the fastest time or the best technique on your mountain bike. Of course you will be enthused, but the guide will make sure that you and your colleagues will cross the finish line smiling. A sporty, vital and inspiring clinic led by a professional, where you get to know each other better in a natural environment.

**Duration:** 2 to 3 hours

**Group size:** up to 20 people  
(1 guide per 5 participants)

**Rate:** €75,- per person  
+ one-time €150 transport costs

**Type of mountain bike:** full suspension carbon

Should there be attendees who do not wish to participate in the mountain bike clinic but would like to enjoy nature, we can additionally offer a walk with a forest ranger for €300,-.

Would you like to record this unique activity? Photographer Pieter van Leeuwen will gladly take pictures during the mountain bike clinic for €350,-.



## HISTORICAL NATURE TOUR

Local guide Cees Keur understands the stories and secrets of the Broekhuizen Estate like no other. During the tour on the estate and in the Main House, he will dwell upon the stories behind the vegetable garden, the former farmhouse (now Bistro LOF), the oil paintings in The Paintings Room, and what used to be all around the estate. Think about the former playhouse, boathouse, shooting range, swimming pool and tennis court.

## INSPIRATION - NATURE - KNOWLEDGE BROADENING

**Duration:** 1 to 1.5 hours

**Group size:** one guide per 10 participants

**Rate:** €150 per guide

## SPORTY - NATURE - TEAM BUILDING

## BEEKEEPER BROEKHUIZEN - BIJ DE BIJ

A unique and educational workshop on our estate: Bij de Bij

The workshop is taught by Bram & Thea, a passionate beekeeping couple with a great love for nature and honey bees. On our estate is an apiary of Imkerij Broekhuizen, where the couple will teach you about the bee population. You will receive an explanation about the bee species, opening the hive and the different tasks within the hive. The workshop consists of two parts: you will start with an introductory story about the bee species and then learn how to open a hive, where teamwork plays an important role.

### TEAMWORK - COMMUNICATION- EDUCATION

**Duration:** 1 hour

**Group size:** 5 - 10 participants

**Rate:** €30 per participant



## SHEEP HERDING

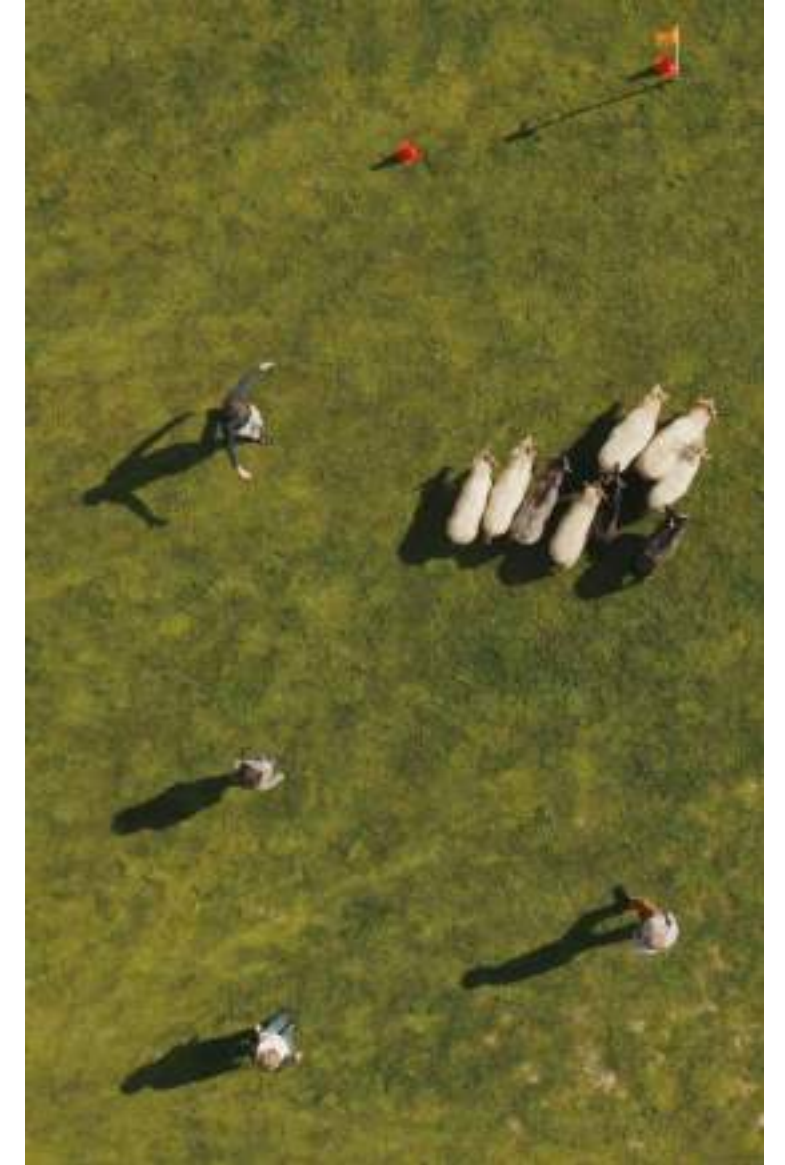
In this workshop you and your colleagues will learn to herd a small group of sheep over a track. To get this done, it is important that the cooperation within the group is at the highest level. Along the way you will encounter various obstacles that will put the cooperation to the test.

We believe that every person and every team is an expert in his/her own development. The sheep provide a special contribution to this development every time. Each session is guided by one of our professional trainers and shepherds.

**Duration:** 1,5 hour

**Group size:** up to 250 participants (in consultation)

**Rate:** €60,50 per participant



### ACTIVE TEAMWORK DEVELOPMENT





## EARLY BIRD EXPERIENCE & BIRD WATCHING

Early Bird is literally what it means. Getting up early to watch birds during the "golden hour". Participants are taken into the fascinating world of birds. Birdwatcher Adriaan knows exactly which birds occur in the area, what kind of sounds they make and how to spot them. You will experience how special it is to listen to bird sounds in the early morning.

The added value of this activity is also found in the fact that you spend time together outside, on the move, in a beautiful, green environment at the most beautiful time of the day. Nature provides inspiration, energy and stimulates creativity. Along the way, Adriaan draws connections between human beings and nature and the lessons we can learn from birds. How they deal with change, mindset, courage and confidence in their own abilities.

NATURE  
INSPIRATION  
MINDSET

Would you prefer not to get up too early or do you prefer this activity as a break during your meeting day? This is also possible, during the Masterclass Bird Spotting.

### EARLY BIRD EXPERIENCE

**Duration:** 2 hours

**Group size:** 1 - 16 participants

**Rate:** €1,050 up to 8 participants

€1,400 up to 16 participants

### BIRD WATCHING MASTER CLASS

**Duration:** 1 to 1.5 hours

**Group size:** up to 36 participants

**Rates:** €1,050 to 12 participants

€1,400 up to 24 participants

€1,750 up to 36 participants





## A TASTE OF NATURE

Dive into the happy world of flowers! Tons of flowers are edible, more than you might think. Let yourself be amazed and learn which flowers are edible and how to use them. The vegetable garden experts from Parc Broekhuizen, will be happy to tell you about this and share their passion about the vegetable garden. Of course, during the workshop you will also make some delicious treats with the flowers from our vegetable garden.

### VEGETABLE GARDEN - CREATIVE - TASTING

**Duration:** 1.5 hours

**Group size:** 5 - 20 participants

**Price:** €35 per participant

**Additional dish:** €10 per participant

**Time period:** May to October

## WORKSHOP 'ONKRUID'

Sustainability Manager Monique will tell you all about the nature surrounding Parc Broekhuizen, furthermore she is also a herbalist. She likes to share her vision on herbs and teach you more about medicinal and edible herbs. She also loves to tell you about the historical vegetable garden of Culinary Estate Parc Broekhuizen; the possibilities, the assortment and fun facts. To complete the workshop you will also prepare a delicious dish with the herbs and spices on our estate.

### VEGETABLE GARDEN - EDUCATION - TASTING

**Duration:** 1.5 hours

**Group size:** 5 - 20 participants

**Price:** €50 per participant

**Time period:** March to October





## AQUARELLES

Let your creativity run wild! Under the guidance of an experienced artist, you will learn the techniques of watercolor painting and get to work creating your own artwork, with attention to detail. This workshop not only promotes team building and creativity, but also stimulates a different way of thinking, acting and perceiving, which is applicable within your team.

**TEAMBUILDING - CREATIVE - ATTENTION TO DETAIL**

**Duration:** 2 hours  
**Group size:** 5 - 25 participants  
**Rate:** €35,- per participant

## SHINRIN-YOKU

Mindfulness in the beautiful forests surrounding Parc Broekhuizen. Forest bathing, also known as "Shinrin-yoku" in Japanese, is a practice whereby consciously spending time in the natural environment of a forest aims to improve your health and well-being. It involves absorbing the atmosphere of the forest through all the senses, such as listening to the sounds of nature and consciously experiencing the scents of trees and plants.

Forest bathing can be of great importance business-wise because it reduces stress, increases productivity, promotes team building, stimulates creativity and offers health benefits.

**NATURE - WELL BEING- STRESS RELIEF**

**Duration:** 2 hours  
**Group size:** 5 - 25 participants  
**Rate:** €47,50 per participant



## GIN TASTING

The world of gin has grown to unprecedented proportions over the centuries. A unique experience has been created around each gin. The workshop offers a glimpse into the rich world of gin. You will taste three gins and three tonics on their own while the history and production process are explained. The tasting will be completed with a classic serving. As a reminder, participants will be given a tasting summary with the recipe. Tasting, remembering, sharing and flavor is the essence. A fun and tasty activity for the whole team.

FLAVORFUL - INFORMAL - TASTING

**Duration:** 1,5 hours  
**Group size:** 10 - 20 participants  
**Rate:** on request

## WORKSHOP "WHICH GLASS SUITS YOUR WINE BEST?"

Yuri Koster has years of experience in several top restaurants, yet he will introduce you to the world of wine with flair and a great amount of passion. During this workshop you will learn what a wine glass does to the wine. This is an interactive and educational workshop in which you will taste four to five wines in various types of glassware.

KNOWLEDGE BROADENING - INFORMAL - TASTING

**Duration:** 1,5 hours  
**Group size:** starting at 10 participants  
**Rate:** €40,- per participant



## WINE TASTING

Wine expert Yuri Koster will bring you into the world of wine. Whether you are a curious, novice or advanced wine drinker, he will make your love of wine grow to make each glass taste better. During this tasting he will teach you how to taste wine best. During the tasting you will have an aperitif and six wines to taste.

FLAVORFUL - INFORMAL - TASTING

**Duration:** 1,5 hours  
**Group size:** starting at 10 participants  
**Rate:** €40,- per participant







## TAI CHI

Are you having a meeting at Culinary Estate Parc Broekhuizen and are you looking for an energetic activity to start the day or to do during the break? Expert Lisette will gladly take you and your colleagues into the world of Tai Chi for an hour. She tailors the theme of the lesson to your needs for example resilience, leadership or connection. And all of this takes place in the beautiful nature surrounding Parc Broekhuizen!

### SPORTY - TEAMSPIRIT - MINDSET

**Duration:** 1 hour  
**Group size:** up to 20 participants  
**Rate:** on request

## CHEF'S TABLE BISTRO LOF

Would you like to dine in a unique way after a full day of meetings? Book Bistro LOF's Chef's Table and let Chef Ewout Eleveld take you on a culinary journey.

The Chef's Table is right in the beating heart of Bistro LOF: the kitchen. You can't get any closer to the stove. It gives a unique view behind the scenes of this special Bistro. Relaxing, educational but above all tasty. A reward after a full business day by enjoying a night out.

### DINING - UNIQUE EXPERIENCE - CULINARY

**Diner:** 5-courses  
**Group size:** up to 8 people  
**Rate:** €95,- per person ex. beverages



# ACTIVITY OVERVIEW

## HISTORICAL NATURE TOUR

**Duration:** 1 to 1,5 hours  
**Group size:** one guide per 10 participants  
**Rate:** €150,- per guide

## NUDGE CYCLING

**Duration:** 2 to 3 hours  
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## BEEKEEPER BROEKHUIZEN - BIJ DE BIJ

**Duration:** 1 hour  
**Group size:** 5 - 10 participants  
**Rate:** €30,- per participant

## SHEEP HERDING

**Duration:** 1,5 hours  
**Group size:** up to 250 participants (in consultation)  
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## A TASTE OF NATURE

**Duration:** 1,5 hours  
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**Additional dish:** €10 per participant  
**Time period:** May to October

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**Duration:** 2 hours  
**Group size:** 1 - 16 participant  
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### MASTERCLASS VOGELS SPOTTEN

**Duration:** 1 to 1,5 hours  
**Group size:** up to 36 participants  
**Rate:** €1.050 up to 12 participants  
€1.400 up to 24 participants  
€1.750 up to 36 participants

## WORKSHOP 'ONKRUID'

**Duration:** 1,5 hours  
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## AQUARELLES

**Duration:** 2 hours  
**Group size:** 5 - 25 participants  
**Rate:** €35,- per participant

## SHINRIN YOKU

**Duration:** 2 hours  
**Group size:** 5 - 25 participants  
**Rate:** €47,50 per participant

## GIN TONIC TASTING

**Duration:** 1,5 hours  
**Group size:** 10 - 20 participants  
**Rate:** on request

## WORKSHOP "WHICH GLASS SUITS YOUR WINE BEST?"

**Duration:** 1,5 hours  
**Group size:** starting at 10 participants  
**Rate:** €40,- per participant

## WINE TASTING

**Duration:** 1,5 uur  
**Group size:** vanaf 10 personen  
**Rate:** €40,- per persoon

## TAI CHI

**Duration:** 1 hour  
**Group size:** up to 20 participants  
**Rate:** on request

## CHEF'S TABLE BISTRO LOF

**Duration:** 5-courses  
**Group size:** up to 8 people  
**Rate:** €95,- per person ex. beverages

## ADDITIONAL ACTIVITIES

Is your desired activity not included in the program? We like to assist in the realization of a unique and customized activity. Think of rallies, clay pigeon shooting or a cocktail workshop. Do you have your own activity in mind? We do our best to offer the perfect activity for every event.

## CONTACT

We are more than happy to think with you when organizing an activity. Contact our sales department by filling out the request form on our website [www.parcbroekhuizen.nl](http://www.parcbroekhuizen.nl), by emailing [sales@parcbroekhuizen.nl](mailto:sales@parcbroekhuizen.nl) or by calling +31 (0)343 745 858. We look forward to welcoming you soon at Culinary Estate Parc Broekhuizen.

## ADDRESS

Broekhuizerlaan 2, 3956 NS Leersum

**[Find us on Google Maps](#)**

## PARKING

Culinary Estate Parc Broekhuizen has a large parking lot with 130 parking spaces where our guests get to park for free. From the parking lot it is a 50 meter walk to the Main House. In our parking lot there are 16 charging points for electric cars.

